

# **Annual Report 2016**

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# **Acronyms**

BAB Bibiani-Anhwiaso-Bekwai

BECE Basic Education Certificate Examination

CHW Community Health Worker

COLS Career Opportunity Lecture Series

ECL Early Childhood Literacy

EGRA Early Grade Reading Assessment

GHEI Ghana Health and Education Initiative

HWWS Hand Washing with Soap

JHS Junior High School

LLIN Long-lasting Insecticide-treated Bednet

NGO Non-Governmental Organisation

SHS Senior High School

SSL Summer Serve and Learn

TBA Traditional Birth Attendant

UCLA University of California in Los Angeles

YEP Youth Education Programme

SEARCH Sexual Education and Reproductive Health

#### 1. Introduction

The Ghana Health and Education Initiative (GHEI), a non-profit, non-governmental organisation (NGO), was founded in 2001 in the rural village of Humjibre, located in Ghana's Western Region in the Bibiani-Anhwiaso-Bekwai (BAB) District. Its mission is to improve the health and education of people living within Humjibre and surrounding communities through the development of health and education programs. GHEI works with local, sub-district, and district government officials, as well as other NGOs, to maximize its impact within its catchment communities. This report outlines the performance of GHEI in the year 2016.

# 2. Ghanaian Staff and Volunteers

For the period of review, the following staff served the organization:

| NAME                                  | JOB TITLE                            | OTHER POSITIONS HELD              |
|---------------------------------------|--------------------------------------|-----------------------------------|
| Clement Donkor                        | Country Director                     | Community Liaison, Administrator  |
| Enock "Happy" Nkrumah                 | Education Programme Manager          |                                   |
| Lawrence Donkor Library Administrator |                                      |                                   |
| Ernest Badu                           | Education Programme<br>Administrator | Scholarship Administrator         |
| Felicity Yaa-Pomah Teacher            |                                      |                                   |
| Agnes Obeng                           | Health Programme Administrator       |                                   |
| Mensah Gyapong                        | Health Programme Administrator       | Local Serve and Learn Coordinator |
| Anthony Osei                          | Community Centre Overseer            |                                   |

In addition to staff, the following individuals volunteered for GHEI during the period of review:

| NAME                              | POSITION                      | COMMUNITY |
|-----------------------------------|-------------------------------|-----------|
| George Asiedu                     | Volunteer Teacher             | Humjibre  |
| Ofori Amanfo                      | ri Amanfo Volunteer Teacher F |           |
| Asiamah Richard Volunteer Teacher |                               | Humjibre  |
| Alice Ofori- Amanfo               | Mother Mentor                 | Humjibre  |
| Sarah Nyarko Mother Mentor        |                               | Humjibre  |

#### 3. Western Coordinators and Volunteers

Every year, three foreign coordinators—one for health, one for education, and one for communications—serve GHEI in Humjibre for approximately one year. Alongside the Ghanaian staff, they facilitate the implementation of all GHEI's program. GHEI also recruits volunteers to serve as consultants or to assist with select short-term projects.

For the period under review the following volunteers served the organization:

| NAME   | JOB TITLE                       | START        | END           |
|--|---------------------------------|--------------|---------------|
| Freya Brannan                                  | Education Programme Coordinator | August 2015  | December 2016 |
| Lauren Evans                                   | Health Programme Coordinator    | March 2015   | April 2016    |
| Sonia Rego                                     | Health Programme Coordinator    | April 2016   | August 2016   |
| Sierra Troy- Regier Health Program Coordinator |                                 | October 2016 | To Date       |

| Nicola McKay     | Communications Officer | November 2015 | December 2016 |
|------------------|------------------------|---------------|---------------|
| Michael McGaskey | Communications Officer | November 2016 | To Date       |

# 4. Education Program

### a. Scholarship Program

To date, 112 Junior High School (JHS) students – 55 females and 57 males - have been awarded scholarships to attend Senior High School (SHS). 6 scholarship recipients graduated from SHS in 2016, therefore a total of 76 recipients have successfully completed SHS to date. Some of these scholarship students have continued with their studies and to date, 12 have completed university, 11 are currently in university. 10 students have completed and 8 are currently in Teacher Training College/Distance Diploma in Education. 3 students have completed with 2 currently in polytechnic. Below is a breakdown of scholarship intake since 2005.

| YEAR  | MALES | FEMALES | TOTAL NUMBER OF STUDENTS |
|-------|-------|---------|--------------------------|
| 2005  | 3     | 1       | 4                        |
| 2006  | 11    | 4       | 15                       |
| 2007  | 5     | 5       | 10                       |
| 2008  | 8     | 6       | 14                       |
| 2009  | 3     | 4       | 7                        |
| 2010  | 4     | 5       | 9                        |
| 2011  | 2     | 4       | 6                        |
| 2012  | 3     | 4       | 7                        |
| 2013  | 2     | 4       | 6                        |
| 2014  | 4     | 5       | 9                        |
| 2015  | 5     | 7       | 12                       |
| 2016  | 5     | 8       | 13                       |
| TOTAL | 55    | 57      | 112                      |

**Youth Leadership Programme:** When school is out of session, GHEI scholarship students give back to the village of Humjibre through community service. Every year, the students elect two leaders among them to call and facilitate meetings and organise activities. Service activities focus on the maintenance and cleaning of the Humjibre Clinic, the Community Centre, the Community Library, and the GHEI compound.

#### b. Youth Education Programme (YEP)

GHEI runs supplemental classes for top performing JHS students on a weekly basis throughout the academic school year. YEP students are selected from Primary 6 classes at the two public primary schools in Humjibre: Humjibre Anglican Primary and Humjibre DA Primary. The head teachers select 12 students to take part in programme recruitment. Selected students must demonstrate a willingness to fully participate in the programme and the talent to excel. Recommended students participate in a selection process, where they are asked to complete a short test and interview with GHEI staff. The tests and interviews are graded using a predetermined set of criteria, and the top students are enrolled into the programme. Supplemental classes are taught by GHEI-trained teachers in

the five core subjects; English language, mathematics, integrated science, social studies, and information communication technology, and focus on building critical thinking and study skills.

The education team held its Annual Career Opportunity Lecture Series on the February 5th. The event was attended by four junior high schools in the district with 130 students in attendance. Guest speakers included a Bank Manager, a Hospital Administrator, a Doctor, Police Commander and a community health nurse from the Bekwai Clinic.

In 2016, GHEI's teachers received trainings in Different Teaching Methods, Psychology in the class and Facilitation. The education team also conducted teacher evaluations for all YEP teachers on lesson planning, preparation and implementation.

Similar to the community service projects carried out by the scholarship recipients, YEP students also completed a number of community service activities around the Community Centre, Community Library, and GHEI compound.

Providing students with the opportunity to learn outside of the classroom setting and explore educational and career options in Ghana, GHEI sponsors an annual youth learning tour (excursion) for all YEP and Reading Club students. On March 31, 2016, all YEP and Reading Club Hand washing students travelled to Accra to visit the Harbor, 37 Military Hospital, Sports Stadium, Independence Square, and the Beach

To encourage female youth in Humjibre to continue their education beyond JHS, GHEI have continue recruiting 60% girls to the YEP since 2010, and this policy continues to structure recruitment for the programme.

The table below shows the number of JHS students that have entered the Youth Education Programme since 2006.

| YEAR  | MALES | FEMALES | NEW STUDENTS IN PROGRAMME | TOTAL ACTIVE STUDENTS<br>IN PROGRAMME |
|-------|-------|---------|---------------------------|---------------------------------------|
| 2006  | 8     | 4       | 12                        | 12                                    |
| 2007  | 7     | 7       | 14                        | 26                                    |
| 2008  | 7     | 5       | 12                        | 38                                    |
| 2009  | 9     | 7       | 16                        | 42                                    |
| 2010  | 6     | 10      | 16                        | 44                                    |
| 2011  | 8     | 9       | 17                        | 49                                    |
| 2012  | 8     | 9       | 17                        | 44                                    |
| 2013  | 7     | 10      | 17                        | 44                                    |
| 2014  | 7     | 10      | 17                        | 47                                    |
| 2015  | 7     | 10      | 17                        | 44                                    |
| 2016  | 7     | 10      | 17                        |                                       |
| TOTAL | 81    | 91      | 172                       |                                       |

In light of the YEP students' consistent success in the Basic Education Certificate Examination (BECE), GHEI has had to reevaluate and make appropriate changes to the indicators used to track the programme's success. In addition to measuring BECE pass rates among the YEP students, GHEI is now also tracking the number of YEP students who obtain a 'high pass' (a score between aggregate 6 to aggregate 15) on the BECE. Our goal is that 90% of YEP students receive a high pass on their BECE. The 2016 cohort fell data is not available related to that as goal. Only 61% of the students achieved a high pass the previous year. 100% YEP student attained a pass marks in BECE (9- 22 aggregate).

#### c. Early Childhood Literacy (ECL) Programme

The ECL Programme was launched in April 2009 with a one-month intensive programme called Summer Read and Play. Recognising students' need for continued literacy support, GHEI began offering afterschool classes for a select group of primary students who were struggling to keep up with their peers at school. ECL classes are held three days a week for two hours and focus on developing English literacy and language skills through purposeful play, songs, poems, and reading and writing activities. Students enrolled in the ECL programme are divided into two classes ECL 1 and ECL 2. To provide students with the necessary, individualised support, ECL classes maintain a low student-to-teacher ratio: a maximum of 12:1.

In September 2016, GHEI recruited 12 new students (7 girls and 5 boys) to the ECL 1 class. Head teachers from Anglican Primary School and DA Primary School play a large role in determining the selected students, recommending students with below average literacy skills from their Primary 1 classes.

In July 2016, GHEI completed the final Early Grade Reading Assessment (EGRA) and successfully graduated 7 ECL 2 students from the programme. The assessment is conducted using a standardised literacy test, which allows GHEI to track the improvements made in ECL students' literacy skills over the course of two years. The test is conducted as a baseline assessment when students enter the programme, mid-term assessment after the completion of ECL 1, and a final assessment after completing ECL 2. From the 2016 final EGRA result 68% of ECL 2 boys as compared to 85% of ECL 2 girls were able to score 45 Correct Letters Per Minute. Additionally, 77% boys as compared to 63% girls were able to score 6 Correct Words Per Minute.

#### d. Tutoring Centre

Open to all JHS Form 3 students in Humjibre, the Tutoring Centre offers students an opportunity to strengthen their knowledge and skills necessary for successful completion of the BECE. Students practice past BECE questions in the five core subjects with support from GHEI-trained teachers. The Tutoring Centre operates from 7pm to 9pm every Monday to Wednesday. To encourage greater female participation, GHEI set aside one night per week (Wednesday) as "Ladies Night", allowing female students a forum to study and ask questions without fear of judgment from male peers.

|          | No of<br>day<br>open | Total Patrons Per month | ADA Boys | ADA Girls | ADA Total |
|----------|----------------------|-------------------------|----------|-----------|-----------|
| January  | 1                    | 38                      | 20       | 18        | 38        |
| February | 7                    | 112                     | 12       | 4         | 16        |

#### e. Humjibre Community Library

Commencing operations in 2005, the Humjibre Community Library has grown significantly over the past 10 years, and now boasts an inventory of over 6500 books. The library is open in the afternoons and evenings from Monday through Friday. In addition, the library offers special programmes to encourage reading as a leisure activity, build literacy skills, and promote library patronage.

**Reading Club**: Hosted biweekly by GHEI's Library Administrator, the Reading Club is an opportunity for Humjibre JHS students to engage with various African-authored books in a supportive atmosphere. From 7pm to 9pm, students read selected titles from the Junior

African Writers Series or African Writer Series, as well as answer questions and hold discussions based on materials read.

**Humjibre Community Library Board**: To encourage community participation in library activities, in 2008 GHEI created the Library Board, which oversees all library activities. The Board currently has 8 members (4 community members, 2 GHEI staff, and 2 student representatives) who meet on a quarterly basis to discuss library issues.

**Annual Quiz Competition:** Did not take place in 2016

# 5. Health Programmes

#### a. Malaria Prevention Programme

#### Programme overview

Since 2006 GHEI has been committed to preventing malaria in Humjibre, Kojina, and Soroano. This is done first through the distribution of long-lasting insecticide-treated bednets (LLINs), and then by providing ongoing educational outreaches. Currently, GHEI's Malaria Prevention Programme consists of bednet sales, and annual outreach.

# <u>**June to November activity**</u>

Following GHEI's scale back of the activities of the Malaria Prevention Programme in January 2016, GHEI has continued to sell highly subsidized LLINs to community members and provide free distribution of LLINs to students travelling for SHS.

Over the last two quarters, 24 LLINs were distributed for free to students travelling to SHS and 26 LLINs were sold either at GHEI's office in Humjibre or by one of the CHWs. If sold at the office, CHWs are notified of LLIN purchases and assist with hanging newly purchased LLINs during FUVs.

**World Malaria Day**: In 2015, GHEI conducted World Malaria Day (WMD) outreach activities in Humjibre, Soroano. GHEI Conducted a radio show in Bekwai for all surrounding areas. The show talked about bednet usage feature people calling in to ask questions about bed nets. Clement was also there to give answers to questions. We broadcasted areas of Humjibre and Soroano in which to find subsidized mosquito nets.

**Evaluation Survey**: Each year, GHEI conducts an annual community-wide evaluation survey in Humjibre, Soroano, and Kojina to assess the impact of the Malaria Prevention programme on bednet ownership, use, and maintenance and malaria prevalence. With the help of international volunteers, GHEI conducted this year's survey in June and July, completing a total of 462 household surveys in the three communities representing 3,365 individuals. The three-part survey, based on the UNICEF MICS4 questionnaires, was conducted in Twi by GHEI staff and CHWs trained in data collection.

Based on the results of the survey, there was an increase in LLIN ownership as well as bednet use by the catchment areas. Because CHWs were stopped in March 2016 we were not able to assist any community members in hanging their new nets.

#### b. Hand Washing with Soap (HWWS) Programme

#### Programme overview

GHEI's HWWS programme currently benefits school children in eight schools in Humjibre, Kojina, and Muoho. Since 2010, GHEI has secured funding for and installed polytanks at six of the eight schools currently participating in the HWWS programme.

Currently, the eight schools utilizing polytanks in Humjibre and Kojina have adopted full responsibility of the Handwasing with Soap Programme, looking over maintenance, proper use, and supplies for the polytanks. GHEI conducts annual school-based HWWS outreach on Global Handwashing Day to reinforce HWWS practice at the schools, hand out prizes to students who can recognize HHWS educational messages, and provide once yearly soap supplies. The impact of the HWWS programme is evaluated during an annual knowledge evaluation survey at the participating schools.

### .

#### **Evaluation Surveys:**

The annual HWWS student knowledge evaluation survey was conducted in February 2016 to assess students' knowledge of HWWS practice and the critical times for HWWS. The Health Team surveyed a total of 132 students at the participating schools and found that student knowledge of the three critical times for HWWS continues to improve although "before preparing food" remains lower. Additionally, 98% of students surveyed were able to mention at least one critical time for HWWS, 85% mentioned at least two, while 38% could name all three.

Further, through GHEI's annual evaluation survey, we evaluated the prevalence of diarrhea among children under five in Humjibre and Kojina. Although GHEI's HWWS programme does not directly target children under five, these are used as proxy measures to assess the impact of the HWWS programme on communicable disease rates in the community. Overall, rates of diarrheal diseases have decreased slightly in Humjibre since 2012 while rates in Kojina have increased. For both communities, however, there has been an average reduction of 24% since the programme's start in 2009. However, earlier this year, the primary school in Kojina was left without any teachers for a few months and many of the students began attending class at nearby schools.

| Critical Times        | 2012 | 2013 | 2014 | 2015 | 2016 |
|-----------------------|------|------|------|------|------|
| Before eating         | 75%  | 77%  | 87%  | 89%  | 79%  |
| Before preparing food | 25%  | 32%  | 43%  | 48%  | 60%  |
| After toilet          | 97%  | 91%  | 83%  | 83%  | 89%  |

**Figure 2. A.** Critical times for HWWS mentioned by students during annual knowledge evaluation survey (Feb. 2015).

**Handwashing Supplies:** HWWS supplies were provided to each school at the beginning of each quarter and monitoring of the programme has continued through quarterly surprise visits to the schools. Quarterly meetings were also held with the student HWWS monitors to discuss challenges and best practices at each school.

**Global Handwashing Day**: On 14 October, GHEI launched its GHD activities with a one-hour radio show highlighting the importance of handwashing with soap at Unique FM. The show featured GHEI's HPAs who were accompanied by two HWWS monitors. Together, they performed a culturally-relevant skit on why it is important to wash your hands before preparing food. The HPAs then hosted a Q&A reinforcing the importance of handwashing with soap where they covered topics such as why it is important to use running water and

soap, provided suggestions for locally available alternatives to soap for those who don't have access, reviewed the three critical times to wash hands, and suggested ways to wash your hands if you are not at home. The radio show allowed GHEI a unique opportunity to provide education on handwashing with soap to a broader audience.

On 15 October, GHEI conducted targeted outreaches to eight schools in Humjibre, Kojina, and Muoho. At each school, GHEI's HPAs led the outreaches which recognized the HWWS monitors at each school who then quizzed their peers on the three critical times for handwashing. The outreaches concluded with student-led demonstrations of proper handwashing technique and the presentation of soap and posters promoting handwashing to each school to aid in their continuing efforts to improve handwashing behaviors. Prizes were also awarded to the school with best HWWS performance over the past year. Additionally, each school was given two bars of key soap and a handwashing poster for participating in our programme. Through this outreach, GHEI reached over 1,692 students with HWWS education, representing 82% of students enrolled in all participating schools.

### c. Sexual and Reproductive Health Programme

GHEI has been conducting sexual and reproductive health outreach since 2003, including youth-friendly condom sale services in Humjibre and Soroano and annual HIV/AIDS awareness outreaches on World AIDS Day. In 2016, GHEI sold a total of 2,575 condoms at highly subsidized rates; 70% of clients were male and 62% were under age 25.

**Condom Sellers Training**: In March, GHEI also conducted our annual Condom Sellers Training. This one-day training was for all of GHEI's condom sellers in Humjibre and Soroano. The focus of the training included a review of sexually transmitted diseases (STDs), how to provide discreet and confidential service to customers, and properly tracking condom purchases.

#### **World AIDS Day**

GHEI organized events for World Aids Day in Humjibre on December 1st and in Soroano on December 2nd. In total, 379 participants attended both events and 927 condoms were distributed for free. Participants received education from a nurse representative of the Humjibre clinic on HIV/AIDs prevention, stigma, transmission, and treatment. Attendees viewed films in Twi that explored the dangers of unprotected sex and normalized the purchase of condoms. GHEI representatives busted common myths associated with HIV/AIDs and gave out prizes to participants based on correct knowledge.

In response to a need for more condom sellers in a diverse selection of neighborhoods, GHEI recruited a new condom seller in Humjibre and provided initial training in early December.

### d. Health Facility Delivery Incentive Programme

The Health Facility Delivery Incentive Programme is a pilot programme that began in November 2013 in Humjibre, but now operates in Ampenkrom. In collaboration with pediatric residents from the University of California Los Angeles, GHEI staff and CHWs designed, advertised, and piloted an incentive programme intended to increase the proportion of deliveries in health facilities by reducing the financial barriers preventing women from delivering in clinics and hospitals. Pregnant women who are in their sixth to ninth months of pregnancy attend distribution days to answer questions about their past and intended delivery locations and receive packages of items commonly collected at health facilities during childbirth (antiseptic, parazone, and soap). After delivery, women return to GHEI to collect a post-delivery incentive package and answer questions about their delivery location.

**Evaluation:** HFDIP is monitored continuously through data collection during distribution days and through quarterly reporting. Since 2016, 46 came pre-delivery and 43 of which have returned post-delivery. Of the women who have returned post-delivery, 80 % delivered at a health facility and 2% delivered in a taxi on the way to hospital.

# e. Health Trainings and Advocacy

In addition to the health programmes, GHEI also works to address other health needs and to support and improve the quality of local health care services. With the help of healthcare practitioners in Humjibre and throughout the BAB District, GHEI strives to meet the health needs of the BAB District by offering expertise, resources, and support. In the past, GHEI has identified children with congenital heart defects and provided referrals for free surgery at Komfo Anokye Teaching Hospital through a partnership with a group of volunteer surgeons from Boston Children's Hospital in the United States. To date, 5 children have received free corrective heart surgery through this relationship. We have had 2 heart surgery patients from Humjibre, 1 from Dansokrom, 1 from Wenchi, 1 from Dadeeso.

Personnel from Boston Children's Hospital led by Beverly Small (team leader) and Leah Ratner (a former GHEI Health Coordinator) paid us a visit to GHEI 2016. They interviewed our former patients to inspect cardio conditions. The Boston Children Hospital also came to Kumasi in October to do some corrective Heart Surgery in which Clement Donkor attended for 3 days as a volunteer just to help and to maintain the partnership.

#### **Training:**

Through partnership between GHEI and the University of California in Los Angeles (UCLA), we host pediatric residents from the medical school at UCLA to volunteer in the BAB District for a few weeks every year. In general, their goals are to observe Ghanaian medical practices, provide trainings, and strengthen GHEI partnerships with medical personnel throughout the BAB District.

Trainings, based on the WHO's Helping Babies Breathe (HBB) curriculum, were conducted at Bibiani District Hospital, Bekwai Health Centre, and Anhwiawso Health Centre. Midwives and community health nurses were trained, we have a goal of reaching 60 health care providers.

### 6. Summer Serve and Learn Volunteer Sessions

Every year volunteers from across the globe visit Humjibre to participate in GHEI's Summer Serve and Learn (SSL) volunteer programme. In 2016, three different groups of volunteers came for two weeks at a time to implement the following activities: Community Health Evaluation I and II, Girls' Empowerment Camp and Children's Enrichment Camp.

#### a. Community Health I and II

Each year, volunteers in the Malaria Prevention SSL session assist GHEI staff and volunteers trained in data collection to conduct evaluation surveys in our catchment communities. Due to the popularity of this session among volunteer applicants, the 2016 SSL program included two separate Malaria Prevention sessions. These two groups of volunteers coded surveys and then entered and cleaned the data from the surveys administered by GHEI's trained data collectors. A total of 324, 36, and 102 household questionnaires were administered in Humjibre, Kojina, and Soroano, respectively, representing a total of 3,524 individuals in the three communities. The data collected through the evaluation survey has been used to assess the impact of GHEI's health programmes on our catchment communities and to inform GHEI's decisions to modify or adjust health programmes.

### b. Girls' Empowerment

The Girls' Empowerment programme aims to encourage female Form 3 JHS students awaiting their BECE results to stay focused in their academic pursuits. GHEI staff and SSL volunteers organised camp activities with the aim of educating and empowering girls. Activities this year included sessions on Self Esteem, Leadership, Family Planning, Sexual Health, and Business and Money Management.

## c. UCLA Short-term Training Programme

Medical students from the UCLA medical school volunteered with GHEI as part of their studies in global health in 2016 in our district. In February 2016 two volunteers were hosted for training on helping babies breathe. All of the research conducted by UCLA volunteers has been used to inform the development of the Mother Mentor Programme, a programme GHEI has launched in March 2016.

#### d. Volunteers

The table below displays information on the volunteers who participated in the Summer Serve and Learn programmes in 2016.

| NAME               | PROGRAMME                     | ARRIVAL         | DEPARTURE     |
|--------------------|-------------------------------|-----------------|---------------|
| Conner Shea        | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Catie Perreira     | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Julius Weng        | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Matt Kusner        | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Shannon Blemings   | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Elis Tiemey        | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Mary Fox           | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Lexy Thompson      | Community Health Evaluation 1 | June 1, 2016    | June 17, 2016 |
| Dana Canvanauh     | Girls' Empowerment Camp       | July 13th, 2016 | July 29, 2016 |
| Camille Bundy      | Girls' Empowerment Camp       | July 13th, 2016 | July 29, 2016 |
| Whitney Martinez   | Girls' Empowerment Camp       | July 13th, 2016 | July 29, 2016 |
| Ashleigh Wallace   | Community Health Evaluation 2 | June 20, 2016   | July 11, 2016 |
| Catie Perreira     | Community Health Evaluation 2 | June 20, 2016   | July 11, 2016 |
| Hannah Davis       | Community Health Evaluation 2 | June 20, 2016   | July 11, 2016 |
| Paschaline DaCosta | Community Health Evaluation 2 | June 20, 2016   | July 11, 2016 |

# 7. Staff Training

### a. Data Collection Training

In May 2016, the Health Program Coordinator and two Health Program Administrators conducted a two-day Data Collection Training course for GHEI staff, volunteer teachers, and community health workers. Topics included conducting surveys, maintaining confidentiality, reducing bias in data collection, and designing and implementing questionnaire-based program evaluation. This training served as a refresher course for staff and volunteers previously trained in data collection, as well as a comprehensive course for new staff and volunteers.

### b. Teacher Training

Three teacher trainings were held in 2016. GHEI Education staff and volunteer teachers received trainings in Different Teaching Methods, Psychology in the class and Facilitation.

# c. Computer Training

To build the capacity of GHEI staff and provide on-going educational opportunities, informal computer trainings were offered to staff by western Coordinators. Topics included Microsoft Word, PowerPoint, Excel spreadsheets, database management, email, typing, and internet research. In response to staff members' desire for more regular computer trainings, a more formalised training was implemented in 2016.

# 8. Community Centre

Since its construction in 2004, the Humjibre Community Centre has served as a meeting place for community activities and a venue for GHEI classes and outreaches. The table below shows this year's Community Centre activities.

| TYPE OF ACTIVITY         | NUMBER OF MEETINGS HELD |
|--------------------------|-------------------------|
| GHEI Events              | 9                       |
| Child Wellness Clinic    | 7                       |
| Weddings and Engagements | 2                       |
| Agricultural Meetings    | 2                       |
| Community Meetings       | 11                      |
| Political Meetings       | 8                       |
| Youth Dance              | 3                       |
| Youth Group Meetings     | 0                       |

# 9. Meetings, Seminars, and Partnerships

**GHEI Annual Retreat**: GHEI's Annual Retreat took place this year at the Lagoon Lodge Hotel in Winneba in November. GHEI Ghana staff met to discuss the past years success and challenges, and to look ahead to 2017. The staff were also joined via Skype by our Western Executive Director, Diana Rickard.

#### 10. Donations

Donations of medical supplies gloves, folic Acid tabs, Acetaminophen Caplets, Prenatal Dieery Suppliments, Ibuprofen, Guaze Sponges, Stethoscope, Calcium Tablets, milk of magnesium, and and Antacid were distributed to the Bibiani District Hospital, Bekwai Health Center, and the Humjibre Clinic in August 2016.

#### **Accra Marathon**

Staff and friends of GHEI ran 5k, 10k and the half marathon in Accra to raise money for GHEI's Mother Mentor program. The fundraiser was done through the Crowdrise platform where staff members taking part on the marathon joined as team members onto the site and enlisted their friends and family to donate to the page under their name.

GHEI runners: Happy Nkrumah, Nikki McKay, Freya Brennan Sierra Troy- Regiers and Mensa Gyapong.

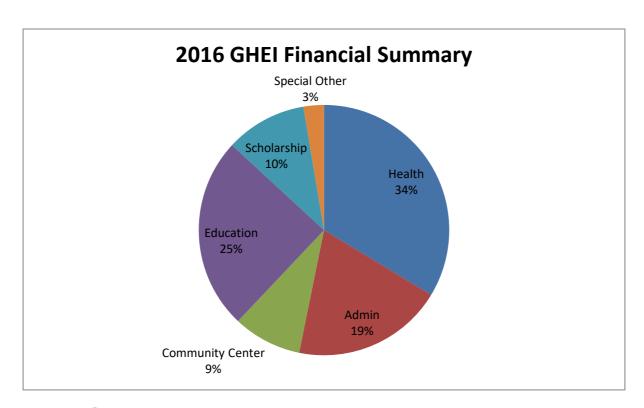
The page went live on Crowdrise from July and ended early November. Its page received 77 donations. Communications reached out to donors with extensive social media coverage over

Facebook, Twitter and the new Instagram page, through the quarterly e-newsletter and the of course the team reached out to their personal networks to get donations as well.

# 11. Finances

Listed below are the organisation's funding sources for the reporting year. Please see the figure on the following page for the breakdown of GHEI funding in 2015.

- Books for Africa Libraries
- Altrusa Grant
- German Rotary Club
- Private Individual Donations
- Summer Serve and Learn Programme
- Varkey Foundation
- IBBY (International Board on Books for Young People)
- Wari Cooperative
- Project Peanut Butter
- One Day's Wages
- Accra Marathon



#### 12. Conclusion

GHEI has continued its quality health and education programming to address the needs of the people in Humjibre and its surrounding communities. In the upcoming year, GHEI will continue to work with and serve its catchment communities to promote positive health outcomes and educational attainment in the Bibiani-Anhwiaso-Bekwai District.